



# King James I Academy

## Interactive Learning Journey

# FOOD & COOKERY – YEAR 10

Use this interactive learning journey to access tasks, resources, videos, exemplar work and more which will help you on your journey through Hospitality and Catering

# YEAR 11

### HALF TERM 5 CA6 – RECIPE AMENDMENT, DEVELOPMENT AND EVALUATION

Amend recipes to make the suitable for varying nutritional, cultural and medical needs. Evaluate the effectiveness and suitability of menus and develop new dishes.



### HALF TERM 6 CA7 – MENU AND ACTION PLANNING FOR COMPLETED DISHES CA5 – FOOD PREPARATION, COOKING SKILLS AND TECHNIQUES

Consolidate practical learning on food preparation and cooking skills from the previous year to design, plan and execute high skilled dishes and menus which are suitable for specific audiences. Design dove-tailed time plans and produce dishes to a given brief.



### HALF TERM 4 CA4 – FACTORS AFFECTING FOOD CHOICE

Investigate the different reasons we choose to eat a range of foods. Evaluate the specific needs of different groups of people and the factors which affect their choices including age, gender, location, medical status, work life, hobbies and more.



### HALF TERM 3 CA3 – FOOD GROUPS, KEY NUTRIENTS AND A BALANCED DIET

Categorise foods into different groups. Explain the sources and functions of a range of macro and micronutrients. Describe the consequences of unsatisfactory nutritional intake including excesses and deficiencies.

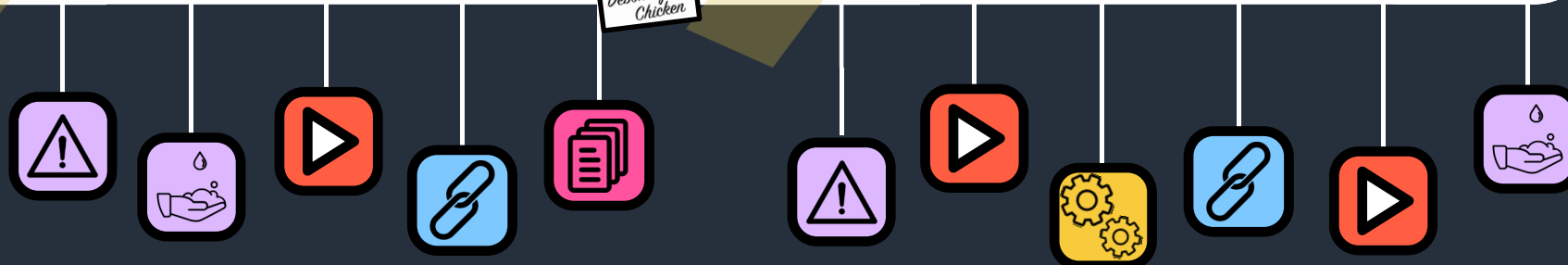


### HALF TERM 1 CA1 – HEALTH AND SAFETY IN COOKING

Describe the food related causes of ill health. Investigate common types of food poisoning and the symptoms of food-induced ill health. Explain how to work safely and hygienically in the cooking environment.

### HALF TERM 2 CA2 – FOOD LEGISLATION AND FOOD PROVENANCE

Outline the laws which are in place to protect food establishments and consumers. Explain where different foods come from and evaluate how your food choices affect the environment.



## KEY ↑CONS

HEALTH & SAFETY	HYGIENE	NUTRITION
WEBSITE LINKS	RECIPES	EXTRA CURRICULAR
VIDEO LINKS	EXEMPLAR WORK	ADDITIONAL INFORMATION
FOOD ACTIVITIES	NUMERACY ACTIVITIES	LITERACY ACTIVITIES

# YEAR 10